

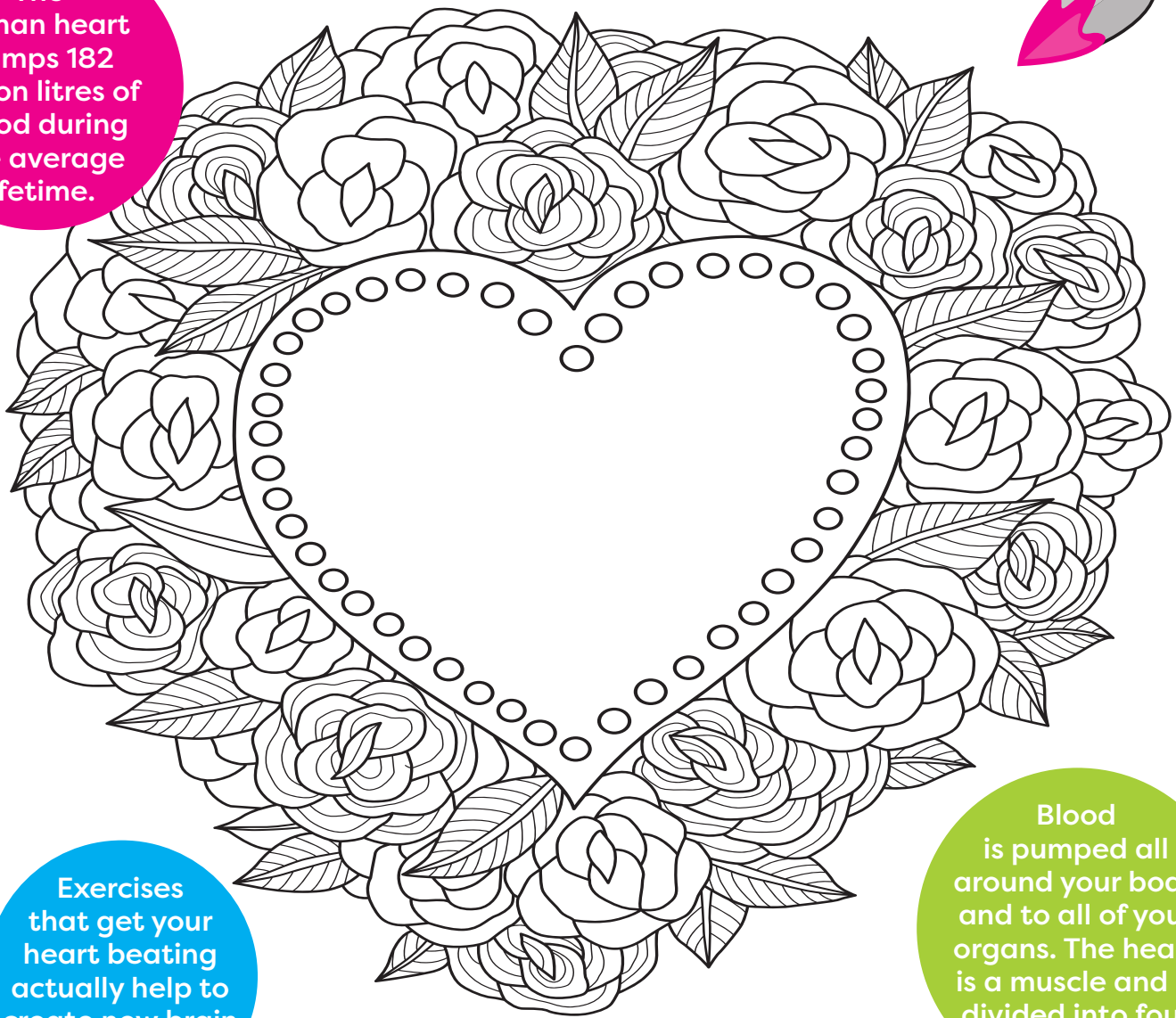


HAPPY VALENTINE'S DAY!

February 14th marks the annual celebration of love as cards, chocolates and flowers are shared amongst loved ones.

Print out our Valentine's colouring sheet activity for your little one, whilst sharing with them some cool First Wonder Box heart facts from our Active Bodies edition:

The human heart pumps 182 million litres of blood during the average lifetime.



Exercises that get your heart beating actually help to create new brain cells!

Blood is pumped all around your body and to all of your organs. The heart is a muscle and is divided into four chambers.

WWW.FIRSTWONDERBOX.CO.UK



Find more fun activities like this at firstwonderbox.co.uk, or sign up and receive a fortnightly box of adventure, delivered direct to your door – get your first box half price!